

How to choose A GREAT DENTIST for the **WHOLE FAMILY**



Your oral health is tied directly to your overall health, and giving your oral health the attention it needs is the best way to ensure you and your family stay healthy. Your dentist is uniquely positioned to serve as an advisor and partner for your family's health, so choosing the right one for the whole family is an important decision.

5 Biggest Reasons People Switch Dentists



Inconvenient location



Dentist was critical of teeth or oral health



Long wait times



Lack of insurance coverage



Cost is too high

Regardless of your reason, switching your dentist or finding a dentist for your growing family is a big deal. Here's how you can go about choosing one.

Which Type of Dentist?

The first step is to determine which type of dentist your family should see. This depends on your overall life stage, your children's ages, and the type of dental clinic environment you'd like.

General or Family Dentists

- ✓ Provide dental care for all family members, regardless of age
- ✓ Can save time by seeing adults and children together, and can have a deeper understanding of the whole family's health history

Pediatric Dentists

- ✓ Provide dental care for infants through their teenage years
- ✓ Are trained to treat special cases, including dental growth and development issues



Both Types of Dentists

- ✓ Recommend starting dental visits by your child's first birthday
- ✓ Care deeply about you and your family's overall and oral health

How to Find a Dentist

When it comes to dentistry and service-based businesses, referrals mean everything. Keep an eye out for testimonials, ratings, and reviews.



Ask your friends or family.



Search for 'family dentists' or 'general dentists in Lakewood, Colorado'.



Ask your doctor or pediatrician for recommendations.

What to Look for In a Dental Clinic

Dental clinics can vary greatly in terms of services and focus. Try making a checklist of the things you'd like your dental clinic to have. For example, here are some important factors to look for:

Annual Memberships

Does the clinic offer any memberships that include annual cleanings, exams, and discounts on services?

Insurance Compatibility

Does the clinic accept your dental insurance? Or do they offer any cost discounts for payment up front?

Location and Convenience

Is the clinic close to your home or along your commute?

Dentist's Education

What credentials does the dentist have? Does he/she have any specializations?

Comfort and Relaxation

Do they offer any relaxation techniques if you are nervous about your visit?

Clinic Cleanliness

Does the clinic seem clean and kept-up? Do they mention any cleaning protocols on their website?

Attention to Your Airway

Do they have a focus on your teeth and also on your overall health?

Focus On Preventative Care

Do they seem to focus on preventing cavities and encouraging good oral hygiene?

Trial Periods or Free Visits

Do they offer any trial visits or free first visits so you can get a feel for their clinic?

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